PLANTATION BAY

From the desk of . . . Maria Tuohy, General Manager

Dear Members,

Thank you to all members for your support in the golf shops, tournament participation and club's social events throughout the past year. Congratulations to our Club Champions, Martha Richards and Roger Dean, Senior Club Champions Art Fadde and Diane Huber and Niners Champion Kathleen Walter.

The upcoming season has a full calendar of choices for golf, tennis, pickelball, fitness and social events, so mark your calendars and join the fun. The resounding comments relayed to me from our new members include not only the incredible amenities and activities offered by the Club but also the warm welcome they receive from neighbors and fellow members. This is certainly a testament to the very special circle of friends formed in the community, there is nowhere like Plantation Bay. The hospitality and unique lifestyle is second to none.

IANUARY - MARCH

Please join me in welcoming our newest members and best wishes for a great season ahead. On behalf the entire staff, thank you for your support and we look forward to continuing to enhance your Club experience.

> Sincerely, **Maria Tuohy,** General Manager

Welcome New Members!

Marc Archambault & Amy McGough - KY Scott & Jennifer Atwood - VM Barry & Audrey Butler - FL Michael & Sherry Boullion - FL Elyce Edwards & David Kaplan - NJ Darla & David Fish - FL Timothy & Pamela Frick - FL Bill & Connie Frishette - FL Joni Fulford - FL Ted Germann - WA Sal & Angela Gulotta - FL Robert & Helena Henderson - NJ Mark & Maria Holden - NC Ronald Keeler - FL Lynne Kiesel - NY Phyllis Kramer - MD Paul & Lynn King - FL Nancy Ledbetter - FL Robert Ledbetter & Dylan Anderson - FL Lynda Leixner - FL Carl Martin - NY Rienaldo Massari - FL Marlene & John Mattarozza - AZ Hal & Karen McGaughey - NC Carolyn McKenzie - MD Tracey & Betsy Miner - NV John & Nancy Morris - FL Patrick & Jacque Mulvihill - FL Arthur & Debra Olson - MN Charlene Patane - FL

Anita Stoker & Mark Polakovich - FL Michael & Arlene Reed - GA Anthony & Patricia Rizzo - FL Deanna Robertson - NY Heather Roellig & Keith Melanson - FL Dan & Marie Scaperotti - NY John & Gail Sinicki - FL Anthony & Susan Smith - FL Leon Smith & Mary Kay Prout - FL Jim & JoAnn VanHoozen - TX Robert & Mary Von Glahn - NY Walter & Sally Wieczorek - NY Margret Wolfe - FL

From the desk of ... Greg Brousse, Managing Director

Dear Plantation Bay Members,

I hope everyone had a wonderful 2017!

2018 is gearing up to be an amazing year in Plantation Bay. First and foremost the renovation of Prestwick and Westlake golf courses will start this spring. The Westlake renovation will include changing the greens to tiff eagle as well as adding new sand to the bunkers. The Prestwick renovation is a bit more extensive as we are changing all tees and fairways to celebration grass and the greens to tiff eagle. The sand traps will also have all the sand removed and new sand installed. When complete Plantation Bay will stand alone as one of the finest golf course communities in the country.

In addition to the renovation at Prestwick we will be building a new comfort station between holes 13 and 14 at Prestwick. This will also serve as a lightening shelter and will also include a new water station.

At Club de Bonmont plans have been submitted for a new Golf Teaching Center that will have all the latest and greatest in golf instruction technology. The new building will also include a club fitting center with all the latest in golf equipment.

This is just the start of many great things that are being worked on in Planation Bay. We are looking forward to seeing our members enjoy some drinks at the new Poolside Cabana and having our tennis members enjoy a new shaded area at the tennis gathering area.

In closing I wish everyone a Happy and Healthy New Year and look forward to seeing everyone at the Club.

Sincerely, Gregory P. Brousse, Director of Operations



2017 Plantation Bay Ladies Member Guest "A Crowning of the Queens"

Our 2017 Ladies Member Guest was contested over two days of play in a stableford net points format. The weather was fantastic and the final day of play created plenty of drama that culminated in the one hole shootout on #18!

Congratulation to all our participants that made this event so special.



Member Guest Queens Maureen Hutchinson & Coralea Lander



Queen Elizabeth Flight 1st Judy Nascimento & Ann Halton 128 pts 2nd Ellen Mueller & Joann Van Hoozen 117 pts

Queen Catherine Flight 1st Arlene Peters & Kelli Jebbia 124 pts 2nd Lisa Rodriguez & Alice Seil 111 pts

Queen Victoria Flight

1st Karol Wunk & Ginny Kohler 116 pts 2nd Pat Wilson & Kay Abramson 106 pts

Queen Mary Flight

1st Maureen Hutchinson & Coralea Lander 111 pts 2nd Mary Driscoll & Geri Neely 109 pts

Skills Challenge

Putting Contest: Susie Heiser (18) - Member Sharon Kostaroff (19) - Guest

Closest to Pin from Bunker:

Diane Huber 2'2" - Member, Thea Blackburn 1' 3" - Guest

Congratulations to all our winners! We look forward to see you next year!

GUEST PRIVILEGES

Members may invite guests to use the Club and its facilities in compliance with the Club Rules and Regulations as established by Owner and subject to payment of the applicable daily guest fees and charges established by Owner from time to time. The Member is responsible for all actions of his or her guests and shall reimburse, indemnify and hold the Club harmless for any and all damages, loss, cost, claim, injury, death, or liability sustained or incurred by the Club and relating to the actions or omissions of such guests.

All guests shall be deemed to have a temporary Membership for that day. Management reserves the right to limit the number of times a guest of a Member may be extended the guest rate in a calendar year.

- Plantation Bay Residents may only be a guest of a member one (1) time in a calendar year per amenity. Residents outside the Plantation Bay community
 may be a guest of a member no more than six (6) times in a calendar year. Guests are required to sign in each time they attend a function or play golf.
 Guests of Members may be extended guest privileges subject to applicable guest fees and rules and regulations established by Management. Guest
 privileges may be denied, withdrawn or revoked at any time for reasons considered sufficient by Management in his/her sole and absolute discretion.
- Guests will be entitled to use the facilities of the Club only in accordance with the privileges of the Membership of the sponsoring Member and with payment of any applicable fees.
- · Guests may use the golf facilities as the guest of a Member, within the guidelines in the Membership Plan.
- The sponsoring Member must register a particular individual using the facilities of the Club as a guest with the Club.

Golf News

From the desk of . . . **Chris Harder,** *Director of Golf*

Hello Plantation Bay members!

Finally, the cooler weather has set in and our event schedule is in full swing. We recently concluded the Ladies Member / Guest. I would like to congratulate Maureen Hutchinson and Coralea Lander on their Crowns and victory!

Our next big club event is going to be the Cats vs Dogs on January 19. This event was brought back to life last year and participants talked about it for weeks! We are looking forward to making this mixed event a staple in the Plantation Bay golfing schedule. I suggest signing up early for this one!

Here are some other club events to circle on your calendar.

Jan. 14, Feb. 18, Mar. 18 Golf Mixers

- Feb. 28 Mar. 3: Men's Member / Member, "A Gathering of the Clans"
- Mar. 12 Mar. 15: Ladies Member / Member, "Diamonds in the Rough"

Apr. 12 - Apr. 14: Planation Bay Men's Member / Guest

Chris Harder, PGA Professional

TURFTALK

Hopefully by the time this newsletter comes out, the rains will have eased and the weather will be cooler. That means the growth of the grass will also slow down, and we "won't be bailing hay," as we say! We will then be able to concentrate on doing some other projects during the cooler months. We will be continuing to add drainage to all the wet areas and clean up the outer edges of the courses.

We have recently overseeded Prestwick greens and they should be full and nice by the time this letter comes out. We also recently completed the irrigation upgrade at Prestwick.

I would like to thank the members for the positive comments and for fixing ball marks and divots. It makes a difference!

> Thanks again, Bob Gruber

2018 Gathering of the clans

Save the Date February 28th - March 3rd

This event is a flighted, two man best ball tournament. There is a Wednesday Pro-AM as well to play in. Field is limited to first 36 teams! • Sign Up Begins January 15th



2017 Member / Member Champions Greg Griffith / Glen Lefeber

2018 DIAMONDS IN THE ROUGH

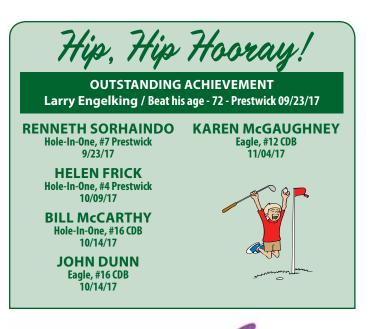
Save the Date March 12th - March 15th

This event is a flighted, two lady best ball tournament. There are many ways to be a winner in this event! Field is limited to first 36 teams! • Sign Up Begins February 1st



2017 Member / Member Champions Gail Yaris & Julia Kirwan

Golf News



Dear Members,

K

so very much to all who so generously contributed to the Employee Holiday Fund. We are so grateful and honored to be able to provide service to you each and every day for all to enjoy. From all of us to all of you, we wish you a Healthy and Happy Year ahead,

Sincerely, Your Club Staff!

CLUBHOUSE ATTIRE

The specifics below are also outlined in Section II. Appropriate clothing in the Clubhouse

is to benefit the Membership.

Please make sure you and your guests adhere to the Clubhouse attire policy.

- Jeans are permitted for breakfast or lunch service only; jeans are NOT permitted in the Clubhouse for dinner service, unless stated for specific member events.
- As a courtesy, men must remove hats in the dining area.
- Appropriate Country Club attire is always required in the Clubhouse (Collared shirts and Bermuda shorts or long pants.)
- Proper length shorts are required in the Clubhouse. (No shorter than 5" from top of the knee.)
- Collared shirts are required, tasteful non-collared dress shirts may be acceptable. Specifically excluded are collarless teeshirts, shirts with large printing on the back or front.
- No sweat pants, warm-up suits, or swimwear are permitted in the Clubhouse. (*Tennis cover up warm-up suits are permitted.*)

UPCOMING GOLF CALENDAR & EVENTS

JANUARY

Jan. 2 – PWGA – Low Gross /Low Net Jan. 3 – Golf Advisory Committee Meeting Jan. 4 – CDB WGA – Indiv. Stableford Points Jan. 9 – PWGA – 6-6-6 Jan. 10 – Seagals – PW Jan. 11 – CDB WGA – Waltz 1-2-3 Jan. 14 – Golf Mixer Event – PW Jan. 16 – PWGA – Mystery Nine Jan. 18 – CDB WGA – T & F Jan. 18 – Cats & Dogs Pairing Party, 5-7 pm - PW Jan. 19 – Cats vs Dogs Tournament – PW Jan. 23 – PWGA – 0-N-E-S Jan. 25 – CDB WGA - 6-6-6 Jan. 26 – Flagler Ed Foundation Tournament – CDB Jan. 30 – PWGA – 2 Best Net of Foursome

FEBRUARY

Feb. 1 – Golf Advisory Committee Meeting Feb. 1 – CDB WGA – Low Gross / Low Net Feb. 6 – PWGA - Member / Member, Rd. 1 Feb. 8 – CDB WGA – 2 Best Net of Foursome Feb. 13 – PWGA - Member / Member, Rd. 2 Feb. 15 – CDB WGA – Odd or Even Feb. 16 – WPC - PW Feb. 18 – Golf Mixer - PW Feb. 20 – Men's Interclub – CDB Feb. 20 – PWGA – Red vs. Pink Match Play Feb. 22 – CDBWGA - Presidents Cup, Rd 1 Feb. 26 – 9ers Sadie Hawkins event – PW Feb. 27 – PWGA – Odd Holes Feb. 28 – Mar. 3rd – Men's Member Member "A Gathering of the Clans"

MARCH

March 1 – CDBWGA - Presidents Cup, Rd. 2 March 9 – PWGA – Swing into Spring Shootout Mar. 12 – 15 – Ladies Member / Member "Diamonds in the Rough" March 18 – Golf Mixer - PW March 19 – 9ers Member / Guest Scramble March 20 – PWGA & CDB WGA - Green vs. White Match Play - PW March 22 – CDBWGA - 2BB of 4 Benefit for Battered Women March 26 & March 29 - 9ers Championship March 27 – PWGA – Bunny Hop-Hop March 29 – CDB WGA - Chicks vs. Bunnies Match Play

Golf News

PLANTATION BAY NINERS

The Niners enjoyed a fun-filled Holiday Season. In November, we welcomed husbands and friends to our Fall Sadie Hawkins Scramble and dinner. In December, we had a great time playing in the annual Holiday Scramble with PWGA and CDBWGA. Also in December, Mary Crawford and her committee did an outstanding job planning a festive holiday themed dinner and golf event for members from seven neighboring clubs at our Coastal Niners Invitational. The Niners annual Cookie Party, hosted by Linda Young, generated over 100 dozen cookies, which were donated to St. Anne's Pantry. We also brightened the holidays for clients of the Council on Aging with gift baskets and calendars.

The Niners welcomed new members, Lynne Kiesel, Rhonda Brock and Virginia Kiefer. If you are a golf member who would like to play nine holes with a fun-loving group of women please join us. We play CDB 9:30 am on Thursdays and 10:15 am at Prestwick on Mondays.

As spring approaches, we look forward to our Member/ Guest tournament. We will close our season with our Niners Championship game followed by an awards ceremony at our annual Margarita party.

Kathleen Walter, President

CLUB de BONMONT WOMEN'S GOLF ASSOCIATION

December was a busy (and very social) end to 2017 for CDBWGA. Our popular Member/Member Tournament was well attended and competitive! During our Holiday Scramble, we joined with friends from both PWGA and the Niners for a spirited event. AND, we had a Red vs. White Match Play event, with pairings party the night before.

During the first quarter of 2018, we will continue individual, team and match play events, held weekly each Thursday, with a 9:00 shotgun start. Major tournaments during this time include a partnered Six-Six-Six event, our two-round President's Cup (also partnered), and a Green & White Match Play Tournament hosted by Prestwick WGA, with (you guessed it), a social the evening prior.

If this all sounds like great fun, it IS! We continue to welcome new members to our league. If you are interested in joining, please check out our bulletin board in the hallway outside the Pro Shop at CDB for details. We would love to have you! It's a great way to have a weekly game, meet new people in our community, and improve your golf skills.

See you on the course! *Liz Berdoll,* Secretary

PRESTWICK WOMEN'S GOLF ASSOCIATION

Now that "autumn" in Central Florida is behind us, it is time to look ahead to what the Prestwick Women's Golf Association has planned for December, January and February. Lots of good golf and camaraderie to look forward to: December 5 features a Red & Green Match Play, followed by a Holiday Scramble with CDBWGA and Niners. Come January, shotgun starts begin at 9:00 am for the next two months. January 9 features our annual 6-6-6, Pick a Partner within 10 Strokes, followed by Mystery Nine game on Jan 16 (the pro shop staff selects nine random holes for scoring). The January 23 O-N-E-S game will count gross scores on holes 1,6,7,8,9,11,16,17,18. Don't forget to pick a partner for our Member/Member two-round event on February 6 and 13, followed by our annual Red vs. Pink Match Play on February 20 and Odd Holes on February 27.

Back to 8:30 am shotgun starts, March 6 features the First Annual Swing into Spring Shootout, a "pick your partner" event. March 20 features our annual Green vs. White Match Play, with a pairings party the night before. The following Tuesday, we will Bunny Hop-Hop for one best net on even holes and two best net on odd in foursomes.

PWGA wants to thank Dawn Laylock for shepherding us along, overseeing our tournaments and cheering us on as we play and work to improve our games. Dawn is a very special leader in PWGA, and we sincerely appreciate her support of every one of our members!

> Susan Bayley, Prestwick Spokesperson

PLANTATION BAY MEN'S GOLF ASSOCIATION

Happy New Year to all! As we enter our Winter session full steam ahead after a successful Holiday Season....

Our next hamburger day will be Thursday, January 25th at Prestwick We will also hold our Winter Par 3 Tournament on Thursday, February 8th at Prestwick with an 8:30 am shotgun start. The tournament will feature a \$500 Holein-One Cash Prize. We will be taking our game on the road sometime in mid-March; date and location to be determined.

We would like to thank our pros and the golf staff for their help over the past year. We look forward to working with them throughout 2018.

Ken Marquino, President

Membership News - Upcoming Events

MEMBERSHIP NEWS

Welcome 2018! We are gearing up for a great New Year at Plantation Bay Country Club!

The membership is growing by leaps and bounds! It's a great time to meet new club members. When you are making a club dining reservation and would like to sit with other members, please mention that at your time of reservation. We will be happy to introduce you to other members and create larger tables for your convenience.

Some members are having challenges accessing their online club statements. To make access easier, follow these steps:

• Type this address into your web browser: https://

plantationbaygolf.clubhouseonline-e3.net/statements. The login page will appear.

• Enter the personal username and password that you created when you set up your account access. Click "log in". Your statement page will appear.

To make access easier the next time you want to view your statement, follow the steps below to create a shortcut on your desktop that will bring you directly to your statement when you click on it:

- Log into your statement page as shown above. When your statement is visible, copy the URL shown in the browser.
- Minimize the web browser and go to your desktop

• Right click when you are on your desktop. A menu will appear. Choose "New," then "Shortcut." A screen will appear that asks you to paste the URL into the space provided. Paste in the URL and click "Next."

• You will be prompted to name the Shortcut. Type in "Plantation Bay Statements" or another name of your choice. Hit "Finish." An Icon for the shortcut will appear on your desktop. Click on it anytime you want to access your club statements.

Please Note: It is suggested that you log out of the statement page every time you finish viewing your statement. To do so, go to the top of the statement page and click on your name. Then click on "log out" in the menu. If you need help with the instructions above, please feel free to call me.

Happiness to all in 2018! I look forward to seeing you around the club!

Janet Gallant, Membership Director

Spread the Mond

Plantation Bay Keeps Growing... we are pleased to announce our NEW JUNIOR EXECUTIVE GOLF CATEGORY

Offering a Young Executive Membership 25-45 Age Group

- Family & Single Membership Offered
- Unlimited Golf & Use of Practice Facilities, League & Tournament Play
- Use of Private Golf Cart if on Annual Trail Fee (Trail Fee Applies)
- PGA Professional Individual & Group Instruction, Club Fittings & Services
- On Line Tee Time System & Ghin Handicap
- Unlimited Use of the Tennis, Fitness, Spa, Pool, Cabana, Bocce & Pickleball Amenities
- All Social & Dining Privileges Family Fun Days, Kids Movie Nights and More

DINING RESERVATIONS • DINING HOURS 2018^{*}

Prestwick Clubhouse 437-6664 ext. 2 • Club de Bonmont Clubhouse 437-4844 ext. 3 *ALL TIMES ARE SUBJECT TO CHANGE

JANUARY - MARCH AT PRESTWICK

Lunch: Monday - Saturday: 11 a.m. - 3 p.m. • Sunday: 11 a.m. - 4 p.m. • Wednesday Closed Dinner: Thursday, Friday & Saturday: 5 p.m. - 8 p.m.

Beverage: Monday & Tuesday: 11 a.m. - 7 p.m. • Thursday, Friday & Saturday: 11 a.m. - 8 p.m. Sunday: 11 a.m. - 6 p.m. • **Happy Hour:** Monday, Tuesday, Thursday, & Friday: 4 p.m. - 6 p.m.

JANUARY - MARCH AT CLUB de BONMONT

Lunch: Tuesday - Saturday: 11 a.m. - 3 p.m. • Sunday: 11 a.m. - 4 p.m. • Monday Closed
Dinner: Tuesday: 5 p.m. - 8 p.m. • Beverage: Tuesday: 11 a.m. - 8 p.m.
Wednesday - Sunday: 11 a.m. - 5 p.m. • Happy Hour: Tuesday - Friday: 4 p.m. - 5 p.m.

Tennis News



Our Playmate Volley ball machine can do just about everything you can think of to improve one's tennis game.

- 1) It can vary the speed, height, direction, spin and frequency.
- 2) It can provide a consistent feed so you can improve rhythm and timing. This can be a big help if you have been out of tennis for a while.
- 3) Set up some topspin or under spin to help get used to playing against those "slicers and dicers".
- 4) Use targets to help improve accuracy and consistency.
- 5) Tennis naturally combines aerobic and anaerobic exercise. With remote control comes the opportunity to pause the machine and create realistic and game like situations. If your intensity is high and you recover between sequences, your workout can push both aerobic and anaerobic limits.
- 6) Partners can practice together using oscillation either in the backcourt (groundstrokes) or at the net (volleys and/or overheads).
- **7)** Partners can also set up the machine to serve. One partner returns and the other works on poaching the return.
- 8) Don't forget specialty shots. Let the machine feed you a short ball and work on hitting deep approach shots. Then from the same short ball practice drop shots.
- **9)** Last but not least, set up high deep balls to your backhand and master the lob. This shot is highly underrated. Knowing the difference between offensive and defensive lobs can win matches!

Finally, if I've peaked your interest, and want some personal tips on how to set up a few of the scenarios I have outlined above, call me. I'm happy to help. I can be reached at 386-236-4292 or email me at dbrown@icihomes.com

PRIVATE LESSONS

This is a great way to improve your game and your fitness. Sign up for a series of 5 privates at \$30 each and get a 6th one Free! Make it your New Year's Resolution!

MEMBER SPOTLIGHT



Tom Schnatz When Tom started to look for a second home outside of New Orleans to retire to, he didn't want to go it alone. Therefore, he and his wife, Darlene, brother Phil, and sister-in-law Karen, came to Central Florida and found Plantation Bay. Both couples loved the ambiance, the golf courses, close proximity to the beach, and of course tennis. Tom is an avid tennis player and served as one of the club's most successful team captains. Along with the amenities here at the club, Tom says he thoroughly enjoys the social life and the friendships he has made here. Not many people know that

Tom has a Ph.D. in nuclear engineering and devoted his talents in technical engineering and environmental affairs for Power Entergy in Louisiana. He is most proud of his service to his community especially during the aftermath of Hurricane Katrina.

TENNIS IS POPPING

We started "POP" tennis last season and had a lot of fun. This is short court tennis on our clay courts with a racquet paddle and pressure less tennis ball. Play all the same rules of tennis except only one underhand serve. Even score the same as tennis. Imagine that!! We meet every Tuesday & Thursday from 2:30 p.m. to 3:45 p.m. Join us!

TENNIS START/ RESTART PROGRAM

Start the year off right with your new resolution to TRY – LEARN – PLAY tennis! Maybe you just need a little push to restart your tennis engine. Join me for a series of Start/ Restart lessons to bring you into tennis gradually and safely and have fun doing it. Days and times are flexible, so call me and set up a free evaluation to get you started. My phone *#* is 386-236-4292 and email is dbrown@icihomes.com

WINTER CALENDAR - Dates that Rate

Jan. 14th	GVTL Member Appr. Day	11:00 am - 3:00 pm
Feb. 10th	Tennis & POP Double Crown	9:00 am - 12:00 pm
Feb. 19th	President's Day USTA Jr. Level 8	11:00 am - 4:00 pm
March 17th	St. Patrick's Tennis & POP	9:00 am - 11:00 am

Wellness News



Happy New Year! It's hard to believe we are starting another year. Our ten-year anniversary celebration was a great success! Everyone had a great time.

Mark your calendars! Saturday, January 6th, marks our Annual Polar Bear Plunge. It will take place at 12:00 noon. Start your New Year off with a refreshing dip followed by warm libations and special treats. Hope to see plenty of new faces!

With each New Year, there are always ideas for making some changes. Let's talk about the anatomy of habits...

"A habit is an automatic behavioral pattern that occurs in response to a situation where a particular behavior has been performed repeatedly and consistently." A habit is more than just a repetitive behavior, it is a construction of three sequential components that make up the habit loop. Those three components are the cue, the behavior and the reward.

The cue is an environmental or internal trigger that provokes us to learn a new behavior. An environmental cue would be the chime you hear when you get in your car that signals you to put on your seat belt. Internal cues are related to mood. The behavior is that actual routine we commonly think of as the habit. The reward, or incentive, makes the behavior stick. In order for a habit to change, you must find a way to create the similar cues and rewards, but by performing a different behavior.

Try following this six-step approach to creating new, goaloriented habits for the New Year:

Establish Goals and Milestones. Goals need to be realistic and attainable. If, for example, you want to lose 60 pounds, your first milestone would be to lose the first 5-10 pounds and continue from that point.

Identify motivational factors. To be motivated is to be moved by something.

Choose a goal-oriented behavior. You must select the behavior yourself vs. having someone decide it for you.

Create the cue and reward. List a few cues, select the one that will be the most successful and make sure the reward carries value to you.

Eliminate Disruptors. A disruptor is a factor that may inhibit, slow down or prevent the desired outcome.

Follow up. Establish a system for accountability.

The Wellness Center has it all! At the end of each day, if you need some pampering and relaxation, be sure to check out the spa services offered. We also have a Certified Personal Trainer and Nutritionist who can help you identify your needs so you can meet your goals. Stop in and see us!

10th Anniversary Celebration





New Members - New to Exercise DIANE AND ROBERT TROUP

Started coming right after their Equipment Orientation and have been coming ever since. They love it and look forward to coming!

"We feel better and have more energy."



Facials • Skin Renewal Therapies Waxing • Dermal Fillers & Botox

Esthetician ~ Jennie Massage Therapy • Reflexology Sports Massage • Pain Management ~ Gail Nail Technician ~ Harlena

> Services by appointment. Contact receptionist at the Fitness Center 386.236.4291



Happy New Year! CHEERS! Let's DINK right into 2018!

What's a DINK? According to the Oxford English dictionary, it's a softly struck hit or kick of the ball that drops abruptly to the ground. For example, "She hit a brilliantly controlled backhand dink over the net."

Here are some dinking strategies for Pickleball players:

Where do you stand?

You want to be standing as close as possible to the kitchen line. You also want to be leaning forward toward the kitchen. It is much easier to attack the ball hit from your opponent when you are in the proper position. One worry would be the potential for your opponent to hit a lob, so keep a close eye on the face of the paddle as he or she contacts the ball. If you see an open-faced paddle, take a step back and get ready.

Grip Pressure: Grip pressure controls a lot of your game. On a scale of 1-10 (10 being the tightest), it is recommended that your grip for dinking be between 3-4. The ball will stay on your paddle for a fraction of a second longer to give you more feel and consistency. The mark of a good dink is that it should be un-attackable.

Executing the Shot: Ideally, you want to make contact with the ball in front of your body. This is called the impact zone. You also want to dink towards your opponent's backhand because it is most likely weaker than the forehand. Lastly, try to dink cross court, which is over the lowest part of the net.

Pickleball Beginner Clinics are offered on Wednesdays, 2:00 p.m. - 3:00 p.m. Please sign up in advance.

Open Play is Monday, Wednesday, Thursday, and Friday mornings at 9:00 a.m., and Monday and Wednesday afternoons at 3:00 p.m.



Events

















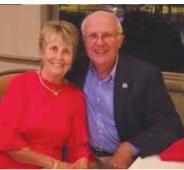














Events Calendar



January - March 2018

Tues. Jan. 9 "Dinner & Bingo" - CDB Sat. Jan. 13 Birthday Night with "Traces of Gold" Dinner Dance - CDB Sat. Jan. 20 "Dinner & Karaoke" With Harryoke - PW Sun. Jan. 21 Sunday Brunch - CDB Tues. Jan. 23 "A Trip to Italy" With Anna Maria "Soprano" - CDB Wed. Jan. 24 Fashion for Cancer Brunch - CDB Thurs. Jan. 25 "Sip & Paint" With Tina Hayes - PW Sat. Feb 3 "A Comical Evening" with Eric Olson - CDB Sat. Feb 10 "An Evening of Culture" with Shannon Rae on Guitar - PW Kid's Day with Art Ragous and Sunday Brunch - CDB Sun. Feb 11 Wed. Feb. 14 Valentine's Day Dinner Dance With Tim Rippey - CDB Sat. Feb. 17 "Dinner & Karaoke" With Harryoke - CDB Tues. Feb. 20 "Dinner & Bingo" - CDB Thurs. Feb. 22 "Sip & Paint" With Tina Hayes - PW

JANUARY 2018

Sat. Feb. 24	Birthday Night & Mardi- Gras Party -"5:00 Charlie" - CDB
Sat. March 3	"Winter Saturday" with Shannon Rae on Guitar - PW
Sun. Mar. 4	"Annual Art Show" - CDB
Sat. Mar. 10	"Dinner & Karaoke" with Harryoke - PW
Sun. Mar. 11	Sunday Brunch - CDB
Tues. Mar. 13	"Dinner & Bingo" - CDB
Sat. Mar. 17	St. Patrick's Day Dinner Dance with "Up Tu It" -CDB
Sat. Mar. 24	Dinner Dance with "Traces of Gold" - CDB
Tues. Mar. 27	"That's Amore" With Vincent Cautero - CDB
Thurs. Mar. 29	"Sip & Paint" With Tina Hayes - PW
Fri. Mar. 31	Easter Egg Hunt at the Park - PW

*All Outdoor Events Subject to Change Due to Inclement Weather

			Catto	1.1.1.2	11 1	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	GOLF ADVISORY 4	5	6
		PRIME RIB à la carte Dinner CDB		à la carte Dinner PW	SHRIMP DINNER SPECIAL & à la carte DINNER PW	à la carte Dinner PW
7	8	PWGA 65 EVENT 9	SEAGALS EVENT - PW 10	BOOK CLUB - PW 11	12 SHRIMP DINNER S P E C I A L & à la carte DINNER	13 TRACES OF GOLD DINNER DANCE
GOLF MIXER EVENT 14	15	сов 16	17	PW 18 DOG & CAT	PW DOG & CAT TOURNEY 19	20
		RAW BAR & à la carte Dinner CDB		PAIRINGS PARTY à la carte Dinner PW	SHRIMP DINNER SPECIAL & à la carte DINNER PW	Dinner & Karaoke at PW
21 SUNDAY BRUNCH CDB	22	23 ANNA MARIA SOPRANO DINNER SHOW CDB	24 CANCER FASHION SHOW LUNCHEON CDB	25 CDBWGA 65 TOURN - CDB SIP & PAINT à la carte Dinner PW	FLAGLER ED. FOUNDATION GOLF SHRIMP DINNER SPECIAL & à la carte DINNER PW	27 à la carte Dinner <i>PW</i>
28	29	30 VEAL SCHNITZEL à la carte Dinner CDB	31	Kids	tfor all are asp Day wit ebruary 11 • 11 a	h Art
Footprints in the Sand Acrylic painting on canvas with your kids and personalized with your child's footprints.						

FEBRUARY 2018



NOW TAKING EASTER RESERVATIONS

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthday with	Night	am	DFG	GOLF ADVISORY 1	2 V'S MEMBER / MEMBER - CDB & PW	3
Traces of Saturday, Ma	Gold arch 24	Thus Thu	Tuesday March 27 Club de Bonmont	à la carte Dinner <i>PW</i>	SHRIMP DINNER S P E C I A L & à la carte DINNER <i>PW</i>	à la carte Dinner PW
4	5	6	7	BOOK CLUB - PW 8	9	10
13th Annual Art Show CDB		PRIME RIB à la carte Dinner CDB		à la carte Dinner PW	SHRIMP DINNER SPECIAL & à la carte DINNER PW	Dinner & Biker Karaoke
11	12	13	14	15	16	17
SUNDAY BRUNCH CDB		DIAMONDS IN THE ROU	GH (PW & CDB)	à la carte Dinner <i>PW</i>	SHRIMP DINNER SPECIAL & à la carte DINNER PW	St. Patty's Day Party CDB
18	19	20	21	22	23	24
ST. PATTY'S DAY MIXER - PW		TURKEY TUESDAY à la carte Dinner CDB		à la carte Dinner <i>PW</i>	SHRIMP DINNER SPECIAL & à la carte DINNER PW	Traces of Gold Dinner Dance CDB
25	26 PW NINERS	That's Amore 27	28	NINERS CHAMPIONSHIP CDB 29	30 SHRIMP DINNER	31 EASTER EGG HUNT AT THE PARK
	CHAMPIONSHIP - PW	THAT'S AMORE CDB		à la carte Dinner PW	S P E C I A L & à la carte DINNER <i>PW</i>	à la carte Dinner PW

Events



TUESDAY SPECIALS THEME NIGHTS, À LA CARTE MENU

Theme Nights, à la carte Menu & Dinner Specials Every Week

January 2	Prime Rib Night - CDB
January 9	Dinner & Bingo - CDB
January 16	Raw Bar - CDB
January 23	Anna Maria "Soprano" Dinner Show - CDB
January 30	Veal Schnitzel - CDB
February 6	Prime Rib - CDB
February 13	Seafood Boil- CDB
February 20	Dinner & Bingo - CDB
February 27	Veal Schnitzel - CDB
March 6	Prime Rib Night - CDB
March 13	Dinner & Bingo - CDB
March 20	Turkey Tuesday - CDB
March 27	"That's Amore" with Vincent Cautero - CDB



TUESDAYS - CDB Jan. 9 / Feb. 20 / Mar. 13 à la carte Menu • 5:00 pm - 8:00 pm

Bingo Players please arrive by 5:30 p.m. Games Beginning at 7:00 p.m.

\$10 pp for all games Reservations Required • Casual Dinner Attire

DINNER & KARAOKE



à la carte lunch also available 11 a.m. - 4 p.m.

Buffet Includes: Fresh Seasonal Fruit & Pastries, Carved Ham, Bacon, Sausage & Grits, Omelets & Eggs Made to Order, Sausage Gravy & Biscuits, Home Fried Potatoes, Waffles & All Your Favorite Toppings • Chef's Speciality Brunch Entrée & Vegetable of the Day

Coffee, Hot Tea and Juice Included

\$3 Mimosas • \$4 Bloody Marys

Adults \$18.95 ++ per person • Child \$11.95++ (7-10 years old) Call for Reservations • Valet Service Available 437-4844 ext. 3

13th Annual



Exhibition and Sale

Come enjoy Deck Dining & Grille Room Dining Lunch Service Available 11:00 a.m. - 4:00 p.m.

Open to Plantation Bay Residents & Guest

For more information contact Kathy Pounds • (386) 586-6605 kathypounds@bellsouth.net



Saturdays: Jan. 20 - PW Feb. 17 - CDB • Mar. 10 - PW

> à la carte Menu 5:00 pm - 8:00 pm Karaoke - 6:30 pm

Reservations Required Casual Dinner Attire

with HARRY OKE

Club de Bonmont & The American Cancer Society are hosting

ASHION 4 CANCER

Luncheon, Fashion Show and Silent Auction

Wednesday, January 24 • 11 a.m. Your Lunch Pre-Order Must be Selected in Advance No Later than Jan. 17 7 Day Cancellation Policy in Effect Without Charge

Clothing Provided by Stein Mart

Plantation Bay Signature Pink Punch

Lunch Selection - Choice of the Following Roasted Vegetable & Cheddar Quiche with a Tossed Salad OR Chicken Florentine Crepes with a Fruit Cup

Chocolate Mousse • Coffee & Tea Service

\$20.00 inclusive w/tax and gratuity

\$10 Donation for The American Cancer Society collected at the door. Please bring cash or a check payable to The American Cancer Society Contact Kathryn at 437-4844 x2 or kpolicastro@icihomes.com

Dining & Events



Come Celebrate the Start of 2018 Saturday, January 13 • CDB • 6:00 p.m. Music provided by Traces of Gold

Plated Dinner

Salad Pear and Blue Cheese with a White Balsamic Pear Vinaigrette

Entrée Selection Roasted Prime Rib with Roasted Fingerling Potato *OR* Grouper Veracruz over Parmesan Risotto

Birthday Cake & Coffee Service



\$29.00 ++ per person

Reservations Required When Reserving Your Table Please Provide All Names of Members and Guests Attending, Entrée Selections and Birthday Names. 48-hour cancellation policy in effect without charge. Dinner Attire • No Shorts • Jackets Optional for Gentlemen

CLUB DE BONMONT



Plated Traditional Italian Cuisine

Pasta Course Penné Pasta with á la Vodka Sauce

Salad Antipasta Salad Italian Bread with Herb Olive Oil



Dual Entrée

Stuffed Pork Loin with Spinach, Roasted Red Pepper, Prosciutto Ham, Asiago Cheese & a Pesto Cream Sauce & Chicken Marsala

Chocolate Covered Cannoli with a Sambuca Créme Anglaise

\$29.00 ++ per person

The dinner show will begin promptly at 7:30 p.m. Born in Italy, Anna Maria "Soprano" is an International Classical-Crossover Soprano Singer & Performer

Reservations Required When Reserving Your Table Please Provide All Names of Members and Guests Attending 48-hour cancellation policy in effect without charge. Dinner Attire • No Shorts • Jackets Optional for Gentlemen

> SATURDAY FEBRUARY 3 DOORS OPEN 5:30 P.M.

Plated Dinner Salad Roasted Beet and Goat Cheese Salad with Citrus Reduction Vinaigrette

Entrée Selection Veal Osso Bucco over Truffle Mashed OR Crab Stuffed Flounder with Rice

Chef Dessert & Coffee Service

\$32.00 ++ per person Reservations Required When Reserving Your Table Please Provide All Names of Members and Guests Attending and Entrée Selection 48-hour cancellation policy in effect without charge. Dinner Attire • No Shorts • Jackets Optional for Gentlemen



Dining & Events



SATURDAY, FEBRUARY 10 • PRESTWICK

Reservation Times • 5:00 - 8:00 p.m.

Featuring à la carte Gourmet Food Paired with Wine from Six Countries

> South Africa Australia Chile Hungary Greece and Germany

Entertainment with Shannon Rae Don't Miss This Event

> Reservations Required Dinner Attire

Let's paint...for all are aspiring artist Kids Day with Art Sunday, February 11 • 11 a.m. • CDB

Footprints in the Sand

Acrylic painting on canvas with your kids and personalized with your child's footprints.



Please register with the painting class with Tina Hayes at (386) 947-7661

> **\$25 per canvas** paid to Art Rageous

Reservations Required Contact Janet Gallant (386) 437-4884 x6 with questions.

Pove is in the air

Club de Bonmont WEDNESDAY, FEB. 14 • 6:00 P.M. Entertainment by Tim Rippey

Appetizer Truffle Risotto Stuffed Mushroom

Salad Mixed Greens with Radiccho, Topped with Raspberries, Strawberries, Blackberries

> *Antermezzo:* Strawberry Kiwi Sorbet

Entrée Choices:

Stuffed Beef Tenderloin with Prosciutto, Gorgonzola, Roasted Red Pepper and Fresh Spinach OR Pan Seared Chilean Sea Bass Cherry Gastrique

Dessert & Coffee Service



 \$42.00 ++ per person Reservations Required
 When Reserving Your Table Please Provide All Names of Members and Guests Attending and Entrée Selections
 48-hour cancellation policy in effect without charge. Dinner Attire • No Shorts • Jackets Preferred

Dining & Events



SATURDAY, FEBRUARY 24 • 6:00 P.M.

Introducing New Local Entertainment by

"Five O' Clock Charlie & Jon"

New Orleans Style Buffet Featuring Plated Festive Salad & Cornbread

Beef Brisket with Roasted Vegetables • Chicken & Andouille Sausage Étouffée • Blackened Redfish • Tasso Ham & Spinach Stuffed Oysters with Hollandaise Sauce

Red Beans & Rice • Collard Greens

Birthday Cake & Coffee Service

 \$29.00 ++ per person Reservations Required
 When Reserving Your Table Please Provide All Names of Members and Guests Attending and Birthday Names. 48-hour cancellation policy in effect without charge.
 Dinner Attire • No Shorts • Jackets Optional for Gentlemen



Entertainment by *Traces of Gold*

Plated Dinner

Spinach Salad with Mushrooms and Grilled Asparagus Fine Herb Vinaigrette

Entrée Selection

Braised Short Ribs OR Pecan Encrusted Snapper Chef's Seasonal Starch and Vegetable

Birthday Cake & Coffee Service



Dennis Culer & Up-Tu-H Traditional Irish Fare Buffet

Plated Salad Irish Root Salad Spinach with Roasted Beets, Radish, Parsnips, and Red Onion,

Green Goddess Dressing with Irish Soda Bread Buffet

Irish Pub Salad • Corned Beef • Cabbage • Potatoes • Carrots Shepherd's Pie • Herb Encrusted Salmon

> **Dessert & Coffee Service** White Chocolate & Bailey's Mousse

> > \$29.00 ++ per person

Reservations Required When Reserving Your Table Please Provide All Names of Members and Guests Attending 48-hour cancellation policy in effect without charge. Dinner Attire • No Shorts • Jackets Optional for Gentlemen



Reservation Times 5 p.m. - 8 p.m. Entertainment by Vinny Cautero ~ Right Out of Brooklyn New York~

Featuring an Italian Style Buffet Fresh Italian Bread Served with Infused Herb Olive Oil, Family Style Anti-Pasta • Plated Ceasar Salad

Gourmet Pasta Station Cheese Torellini, Penne & Linguine Pasta Alfredo, Marinara, Pink Vodka Sauce

Assorted Toppings to include Meatballs, Grilled Chicken & Sausage

Entrées Watch for Details on Dinner Entrée

> *Italian Dessert* Tiramisu & Coffee Service

\$28.00 ++ per person Reservations Required 48-hour cancellation policy in effect without charge. Casual Dinner Attire

\$28.00 ++ per person

Reservations Required When Reserving Your Table Please Provide All Names of Members and Guests Attending, Entrée Selection and Birthday Names 48-hour cancellation policy in effect without charge. Dinner Attire • No Jeans • No Shorts • Jackets Optional





Sunday, April 1 · Club de Bonmont Reservation Times 11:00 a.m. - 3:00 p.m.

Omelet Station: Bacon, Sausage, Home Fries, Assorted Pastries, Assorted Salad Display

Entrée Selections: Carved Roasted Herb Encrusted Angus Sirloin • Glazed Baked Ham, Chef's Catch Franchaise Grilled Chicken with a Fresh Citrus Salad • Sour Cream and Chive Mashed Potatoes • Fresh Seasonal Vegetable

Bountiful Desserts & Coffee Service

 \$32.00 ++ per person • \$15.00++ Children 7-10 • Complimentary Children 6 years and younger Reservations Required by March 25
 7 Day cancellation policy in effect without charge.
 Dinner Attire • No Jeans • No Shorts • Jackets Optional for Gentlemen

1st Annual BASTER BAB MURT

Join us at Prestwick Park

Sunday, March 31 • 11 a.m.

RESERVATIONS REQUIRED

Prizes for: • Most Eggs Collected • Most of 1 Color Eggs • The 1 Golden Egg Found

Goodie Bags for the Kids

No Hunting until the Whistle Blows!

Contact Janet Gallent (386) 437-4844 ext. 6 jgallant@icihomes.com



Whether you are planning an Anniversary, Birthday, Private Dinner Gathering, Wedding/Holiday Party or any Special Occasion, let our professional staff cater to your needs.

No matter the size or occasion, we offer personalized planning for your unique experience at the Club, outstanding service and culinary delights.

With full service catering our Executive Chef will prepare distinctively delicious cuisine; and our team will guide you effortlessly every step of the way. We handle all the details so you can enjoy your party and guests.

For your next event contact Kathryn at 437-4844 ext. 2

For All Your Dining Meeds & Reservations

Hosted Club Events • Birthday Nights • Holiday Events • Dinner Dances Please contact Kathryn Policastro 437-4844, ext 2 • email: kpolicastro@icihomes.com For Club Hosted Dinner Nights • Bingo • Karaoke Contact the Club that is Hosting the Event: Prestwick 437-6664, ext 2 • Club de Bonmont 437-4844, ext. 3 We continue to strive at making your reservations an easy experience.

Thank You for Your Cooperation!

Services

Buy Any Showcase Inventory Home & Receive a **\$5,000** Gift Card^{*} for

American Signature **FURNITURE®**



The Blossom — 706 Aldenham Lane 3 Bed / 3 Bath / 2 Car / 2,078 ft² \$235,670



The Arden — 644 Aldenham Lane

4 Bed / 3 Bath / 3 Car / 2,402 ft² \$349,980



The Vienna — 615 Elk River Drive

3 Bedroom / 3 Bath / 2 Car / 2,263 ft² \$391,735

The Arden — 634 South Lake Drive 4 Bed / 3 Bath / 3 Car / 2,402 ft² \$414,000



The Blossom — 745 Aldenham Lane 3 Bed / 3 Bath / 2 Car / 2,078 ft² \$249,999



The Vienna — 636 South Lake Drive 3 Bedroom / 3 Bath / 2 Car / 2,263 ft² \$423,445

See your neighborhood ICI Sales Associate for details. For more information call 386.437.4164



Marketed by Venture Development Realty Inc. | ICIHomes.com 迫 🎰 🚮 💟 *On existing Inventory Homes only in Plantation Bay & Grand Haven, Or TBB homes On Your Lot. Seller agrees that if Buyer closes the purchase of the Property on or before December 31, 2017, as provided in this Agreement, Seller will give Buyer at closing a gift card to American Signature Stores with a value of Five thousand and No/100 Dollars (\$5,000.00). If for any reason, other than a Seller default, Buyer shall not consummate a closing of the Property on or before December 31, 2017, this incentive shall lapse and Seller shall have no obligation to deliver the gift card incentive in connection with a color, Seller makes no representation or warranty with regard to the terms and conditions imposed by American Signature Daytona Beach Store in connection with the gift card. See a Sales Associate for details. Prices and offerings are subject to change. Intervest Construction, Inc. 2379 Beville Road, Daytona Beach, FL 32119/CGC1517573



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What we provide:

- Property advertising & showing
- Tenant screening & placement
 Rent collection
- Timely rent remittance to owner • Repair coordination
 - Tax statement administration

We are the only onsite property mgmt. office in Plantation Bay.

Townhomes, single family homes & estate homes available!



Contact me today for more details Aida Morales, Property Manager AMorales@ICISelect.com 386.547.4342 • 386.437.1748

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Resident Rewards

Refer friends and family who purchase a new ICI Home by December 31, 2018 and you'll receive the following.

FREE One Year Fitness Membership

If you are already a member, a reward of equal value will be credited to your annual club dues See our multiple referral rewards!

 1st Referral = \$1,000 • 2nd Referral = \$1,500 • 3rd Referral = \$2,000

For Details Call 386.437.4164

S PLANTATION BAY GOLF & COUNTRY CLUB



s and offer subject to change without notice. Rules and restricti istered by the homeowner in person at the Plantation Bay Sales tion apply. Subject to change without notice. No other discount apply. See a Sales Associate for details. No other discounts apply. **All Referrals must fice in order to receive reward. Resident Rewards program expires 12/31/17. Rules and

Directory

Plantation Bay Country Club

Greg Brousse
Maria Tuohy
Chris Harder
Janet Gallant
Frank Leonardo
Kathryn Policastro
Robert Fortier
Nancy Fletcher
Dave Brown
Tee Times
Club de Bonmont 437-4844, Ext. 1
Prestwick
Reservations Club de Bonmont
Prestwick
Accounting
Gail Floch
Kay Hamon

7	
Dawn Zito	2993, Ext. 4712
dzito@icihomes.com	
Men's Day at Club de Bonmont	,
Wednesdays at 8:30 a.m.	
Pro Shop 437-	4844, Ext. 4810
Ken Marquino, President	
Ladies' Day at Club de Bonmont	•
Thursdays at 9:00 a.m. (18 Holers) - 9:30 a.m. (
Pro Shop	
Carol Banks, President (18 Holers)	
Kathleen Walter, President (9ers)	
Men's Day at Prestwick	
Thursdays at 8:30 a.m.	
Pro Shop	-6664 Ext. 4610
Ken Marquino, President	
Ladies' Day at Prestwick	
Tuesdays at 8:30 a.m. (18 Holers)	
Mondays at 10:15 a.m. (9ers)	
Pro Shop	-6664 Ext. 4610
Susan Bayley, Spokesperson (18 Holers)	
Kathleen Walter, President (9ers)	
Resident Information	
PBC HOA Office	
Main Gate	
ICI Sales Office	

Plantation Bay BOOK CLUB

*PlantationBayBookClubPrestwick@gmail.com

Meetings are held the second Thursday of each month at 2:30 p.m. at the Prestwick Clubhouse Lunch 1 p.m. (*prior to meeting*)



Mahjong

Every Wednesday • 1-4 p.m. Club de Bonmont

To join contact

Lois Pederson 386-236-8356

Betty Rossi 386-492-2708

BRIDGE FOR EVERYONE

***WEDNESDAYS AT CLUB de BONMONT**

*FRIDAYS AT CLUB de BONMONT

Duplicate at 12:30 p.m Sign-up requested				
Cindy Kelly	386-437-3937			
Robin Najarian	386-265-5376			
Shirley Adams	386-586-6744			

*Location Subject to Change Due to Summer Club Closures Schedule





It's never to early to find your partner

MEN'S MEMBER GUEST | APRIL 12TH - 14TH

We are now reserving spots in the limited 36 team field. The 2017 installment had a family theme in the shootout with 3 of the 5 teams going for the trophy as father/ son combinations. If you are currently away please consider asking a friend back home to come visit us for this marquee event!

Please call (386) 437-4844 ext.1 to enter



2017 Champions *Robert & Rob Mueller*

