

LED Light Therapy

Uses different colors of light to energize and stimulate the body's natural process. It firms and tones tired aging skin, increases elasticity, and captures a radiant glow. It can be combined with peels and Ezzilift for more dramatic result.

Individual	\$60
With facial	\$125
Series of 3	\$360

Waxing & Beauty Services

Arm, under	\$20-40
Bikini	\$25-60
Brows, chin or lip (each area)	\$10-20
Chest or Back (incl. shoulders)	\$35-80
Face, Full (includes cheeks)	\$30-45
Leg, Half to Full	\$20-60
Brow /Lash Tinting	\$15

Nail Services

Services are performed in a private treatment room using a sanitizing cleanser and warm towels; specially designed creams soften the skin to help smooth and exfoliate; followed by nail shaping, cuticle conditioning, massage, moisturizing of the skin and polish.

PB Signature Manicure

60 minutes	\$30
------------	------

PB Signature Pedicure

60 minutes	\$40
------------	------

Gel polish	\$10
------------	------

PB Signature Mani-Pedi Combo

90 minutes	\$55
------------	------

Gel Manicure

60 minutes	\$35
------------	------

Gel Mani / Regular Pedi Combo

135 minutes	\$60
-------------	------

Gel polish on toes	\$10
--------------------	------

French	\$10
--------	------

Polish Change	\$10
---------------	------

Paraffin Wax	\$10
--------------	------

Repair	\$5
--------	-----

Nail Art (each)	\$5
-----------------	-----

Callus Removal	\$10
----------------	------

All prices are subject to additional fees

Important Information

- **Gift Certificates** are available in any denomination for spa services.
- **New clients** please arrive 5 minutes prior to your appointment to allow time to complete paperwork. **Arriving late** to an appointment could reduce your treatment time, but adjustments will not be made to the pricing.
- **Gratuities** is not included in any service and is left to your discretion; as a guideline, 15-20% gratuity is customary for exemplary service.
- Therapists are available during operating hours; however, appointment times vary.
- **Some skin and/or health conditions may exclude some individuals from certain services.**
- Appointments are reserved specifically for you. We **require cancellation notice from you 24 hours in advance**; this applies to rescheduling an appointment.
- **Cancellation fees** of 50% of the service are enforced with less than 24 hours notice; all no-shows will be charged 100% of the scheduled fee.



Plantation Bay proudly uses Eve Taylor skin care. All products are non-comedogenic, contain no mineral oils, SD alcohols, synthesized oils, parabens, artificial additives, nor are they animal tested.



PLANTATION BAY



SPA

386-236-4291

Pbfitness@plantationbaygolf.com

Relaxation Massage

In this session, the client will experience a light, gentle touch with long strokes that improve blood and lymph circulation. A great session for reducing stress and prompting relaxation.

30 minutes	\$55
60 minutes	\$85
90 minutes	\$115

Therapeutic Massage

The term “therapeutic” is an umbrella term that covers modalities such as “Deep Tissue, Pain Management, Neuromuscular & Sports Massage.” A customized approach is used and a client’s specific issues are addressed for which the therapist may use multiple massage modalities. The entire session may be focused on a targeted area(s) of the body to accomplish the desired outcome. A series of sessions may be required to alleviate the cause of symptoms.*

30 minutes	\$60
60 minutes	\$90
90 minutes	\$120

**Discounted packages are available*

Massage with CBD (cannabinoid, the non-psychoactive component found in a cannabis plant) Any massage using 800 mg of CBD topical. Benefits include muscle pain relief, increased relaxation and reduction of inflammation.

Add on to any massage: \$15

Reflexology

Also known as Zone Therapy. Reflexology is an alternative practice. Eastern medicine has recognized charts of feet and hands which are believed to correspond with organs in the “zones” of the body that are treated through application of various degrees of pressure.

30 minutes	\$50
60 minutes	\$70

Hot Stone Massage

In this session, warm basalt stones are placed on the nerve centers to relax and warm the muscles. The warm stones enhance the therapeutic release of muscle strain and tension. The therapist also uses the stones to massage with during the session.

90 minutes	\$120
------------	-------



Skin Renewal Therapies

PB Signature Facial

Our Classic European facial is enhanced with a gentle, deep cleansing papaya and pineapple enzyme peel; safe for all skin types.

70 minutes	\$85
------------	------

Radiant & Brightening Treatment Facial

For clients who wish to control development of further pigmentation due to UV damage, this treatment creates a smoother, firmer skin texture while deeply hydrating and lightening pigmentation.

60 minutes	\$110
------------	-------

Hydro Facial

A new treatment that is clinically proven to breathe new life into your skin, replaces tired and aged skin with a younger more rejuvenated look. It delivers pulsated oxygen and a specially formulated skin serum deep into the epidermis, promoting healthy skin, restructuring elasticity and firmness.

Instantly revealing refreshed smoother skin that leaves you glowing with confidence.

60 minutes	\$115
------------	-------

Lift & Firm Treatment Facial

A treatment designed for mature skin that needs a deep professional peel; exfoliates, lifts and firms the skin using the ultimate antioxidant, Coenzyme Q10, which signals peptides production and increases hydration.

60 minutes	\$110
------------	-------

Facials with Peels

Beta

Clarifying treatment refines and resurfaces by exfoliating the top layers of the skin. It cleans pores and fades hyper pigmentation.

60 minutes	\$135
------------	-------

Revitalizing

Reduces fine lines, wrinkles, and uneven texture with deep calming moisture. The lactic acidosis and peptides sweep away dead skin cells and brightens complexion without redness, sensitivity or dryness.

60 minutes	\$125
------------	-------

Gly Peel

Rapidly exfoliates epidermal cells and instantly unclogs pores, smooths texture, clarifies complexion.

60 minutes	\$115
------------	-------

Lactic Green Tea

Hydrates, soothes, brightens skin without drying.

60 minutes	\$110
------------	-------

Vitamin A

Aggressively fades hyper pigmentation and increases cell turn over to renew the skin.

60 minutes	\$120
------------	-------

All peels include a balancing, tightening, and brightening mask customized just for you. A consultation is done to help you decide which peel/series meets your needs. A series of 3 peels is highly recommended.

Ezzilift

A tool designed to strengthen the muscles in the face. It stimulates collagen and elasticity by using intense micro currents. It is pain free and has immediate results. It is best combined with a facial. Individual lifts should be done in a series of 3-6.

Individual	\$60
With facial	\$125
Series of 3	\$360